

CASS CITY CHRONICLE. PUBLISHED WEEKLY.

The Tri-County Chronicle and Cass City Enterprise consolidated Apr. 20, 1906.

Subscription price—One year, \$1.00; six months, 50 cents; three months, 25 cents. Advertising rates made known on application.

Directory.

- DR. M. M. WICKWARE, Physician and Surgeon. Office over Cornelius Grocery. Residence two blocks south of Laing & Jones' store on Seeger street, east side. Special attention paid to mid-wifery and diseases of women.

DR. A. N. TREADGOLD, Office and residence Seeger St. Office on ground floor of building across from Hospital. Special care given to diseases of women and children. City phone.

DR. A. W. TRUESDELL, Physician and Surgeon. Shabbona, Mich. Special attention to surgery.

J. H. HAYS, D. D., Physician and Surgeon. Office Days: Wednesdays, 10 A. M. to 3 P. M.; Saturdays 1 to 3 P. M.

P. A. SCHENCK, D. D. S., DENTIST, Graduate University of Michigan. Office hours 7:30 a. m. to 12 m. and 1:30 to 5:30 p. m. Office in Fritz Block, Cass City, Michigan.

Dentistry. I. A. FRITZ, RESIDENT DENTIST. Office over E. Ryan's drug store. We solicit your patronage when in need of dental work.

Elkland Arbor, No. 31, A. O. O. G. meets the second and fourth Thursdays of each month in Oddfellows Hall. Visiting companions always welcome.

WALTER AVTHES, C. G. A. E. BOULTON, Sec-Treas.

Repairing While you wait. I have secured the services of John Zinnecker, a first-class shoe maker, who will assist me in my shoe repair shop. This arrangement makes it possible to attend promptly to the wants of all my customers.

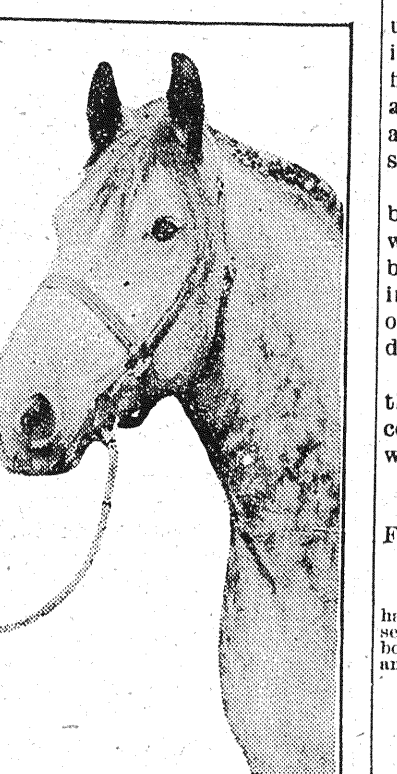
BE WISE AND BUY THE LIGHT RUNNING NEW HOME. Highest Grade Sewing Machine \$25.00 on 200 terms and conditions, retail for \$40.00. Free Trial! No money in advance. We pay the freight.

Neuralgia Pains. Are the result of an abnormal condition of the more prominent nerve branches, caused by congestion, irritation, or disease. If you want to relieve the pain try Dr. Miles' Anti-Pain Pills.

Neuralgia Pains. I have neuralgia headache right over my eyes, and I am really afraid that my eyes will burst. I also have neuralgia pain around my heart.

FEEDING THE WORK HORSE

According to an expert breeder, who has had a wide experience in the care and feeding of draft horses, horsemen have much to learn on the subject of feeding hay to horses. He says the average man allows the horse to be the judge of the amount of hay he should have, this being gauged by the animal's capacity, and thus many a good work horse is ruined.



The above amount of hay and a grain ration, composed of corn, oats and bran, mixed in the proportion of fifty pounds of corn, fifty pounds of oats and twenty-five pounds of bran, will make any horse fit for a hard day's work.

Cottage Cheese and Buttermilk. These when made as herein described not only have a high food value, but possess tonic or medicinal qualities which are especially beneficial during warm weather.

Valuable Manure. When the cattle are fed on grain and oilmeal in addition to a more bulky ration the manure will be made more valuable. If the grain is grown on the farm the fields that produce it must be supplied with nitrogen and phosphates.

DEFORD.

Mr. Ostrander's baby is very sick. Mr. Hamilton is in very poor health. Miss Edna Hack has been very ill with measles. Miss Edyth Wilson of Chicago is visiting her parents.

COMMUNICATION.

Editor Cass City Chronicle Cass City, Mich.

Your Deford correspondent says in your Feb. 11 issue, "The revival meetings in Leek district has brought out the question among many good people, 'Does the Scripture teach that dancing is a sin?'"

But except it is proven to us that these charges are untrue, we shall consider it our duty to speak and work against the modern dance.

Rev. A. Beeson, Pastor M. E. Church, Deford, Mich.

ALLEY'S LUNG BALSAM

has been used successfully for years for deep-seated coughs, colds and bronchitis. Every body should know about it. It is simple, safe and sure.

BEAULEY.

Parties are all the go among the young people now. Mr. Crawford's family ate Sunday dinner at J. H. Mooe's. Mr. Thompson of West Grant spent Sunday with his brother, F. P., here.

To Mothers in This Town.

Children who are delicate, feverish and cross will get immediate relief from Mother Gray's Sweet Powders for Children.

NOVESTA CENTER.

Malcom Ferguson is in poor health at present. Mrs. T. Colwell and son, Ray, were guests of Mrs. M. Palmateer Monday.

Mr. and Mrs. Anson Henderson on Thursday.

Mr. and Mrs. Isaac Craig and family are moving to Cass City. They will be greatly missed by their many friends here and in Evergreen.

Crawford and McClarty have now a steam power attached to their feed mill and hereafter will only grind feed on Saturdays. Such improvements are a fine thing for the community.

The Shadow Social given at the Ferguson school house in Dist. No. 6 last Friday night was a decided success, the receipts for the evening being \$20.26.

While it is often impossible to prevent an accident, it is never impossible to be prepared—it is not beyond any one's purse.

NOVESTA.

J. Livingston and Wm. Paul transacted business at Caro last week. Mr. Walker of Argyle is hulling clover for A. McPhee Jr. this week.

Elder Brownlee of Caro and Irish of Fairgrove are holding revival meetings in the Quick school house at present.

LaGrippe pains that pervade the entire system, LaGrippe coughs that rack and strain, are quickly cured by Toley's Honey and Tar.

NORTHEAST KINGSTON.

Miss Eva Cooper of Cass City spent Sunday at her home here. Mason Leek and Mrs. Carrie Leek were Kingston callers Tuesday.

CANBORO.

W. W. Parker Sr. has a sick horse. L. W. Jarvis was in Elkton Saturday.

DEFORD.

Mr. and Mrs. Anson Henderson on Thursday. Mr. and Mrs. Isaac Craig and family are moving to Cass City.

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CASTORIA For Infants and Children. The Kind You Have Always Bought Bears the Signature of Dr. J. C. Hutchins. In Use For Over Thirty Years CASTORIA

4 Carloads CEMENT Just arrived, come and draw it home while sleighing is good. Headquarters for ALSYKE, JUNE and MAMMOTH CLOVER SEED. CHOICE PINE TREE TIMOTHY SEED. Cass City Grain Co.

We are making Special Prices on Lumber of all kinds. Shingles and Cement. If you will get it right away while sleighing is good. Get others prices then come to us and save money. Deford Grain and Lumber Co. DEFORD, MICHIGAN.

Griswold House DETROIT, MICHIGAN European Plan 200 Rooms with running water \$1.00 Per Day 100 Rooms with private bath \$1.50 Per Day 50 Rooms Large, well lighted, for samples, with bath \$2.00 Per Day Dining Room and Cafe Club Breakfast from 25 cents up Table d'Hote dinner at noon and night, 50 cents Large, well lighted dining room on parlor floor, and cafe grill room on ground floor. Lady waiters in main dining room. POSTAL & MOREY, Proprietors

PUBLIC SALE

Having sold my farm 4 miles north and 2 miles east of Cass City or 5½ miles east of Gagetown or 1 mile south and two miles west of Greenleaf I will offer my entire dairy stock at Auction to the highest bidder. No by bids allowed.

WED., FEB'Y 23

Sale Commencing at 10:00 O'clock Sharp:

Black horse 7 years old, wt. 1400	Grey cow, fresh	Set of spring tooth harrows
Bay horse 6 years old, wt. 1400	Brindle cow, due Mar. 25	2 Joint cultivators American cultivator
Brown horse 14 years old, wt. 1450	Holstein cow, due Apr. 5	5 One-horse cultivators
Bay mare 8 years old, wt. 1200	Holstein cow due May 9	2 Log chains Post hole digger
Bay horse 7 years old, wt. 1200	Holstein cow, due Mar. 14	Cross cut saw Hand saw
Black horse 12 years old, wt. 1000	Red cow due Feb. 20	Ratchet, brace and bits Crowbar
Bay mare 5 years old, wt. 1100	Part Holstein cow, due Mar. 15	2 Axes 90 gal. feed cooker Shovels
Span of Cleveland Bay mares, 3	Roan cow due May 1	Neckyokes, double trees single trees
years old this spring	25 Shoats, weight about 80 lbs.	and several other articles
Set of heavy end chain harness,	60 Plymouth Rock hens	
new last May	Wide tire wagon nearly new	Household Furniture
Set of long tug heavy harness, new	Wide tire low wagon	Large size Malleable range, nearly new
last June	Narrow tire wagon	3 burner Gasoline stove
Set of work harness	Truck wagon 2 hay racks	Large Retort Oak heating stove
Light double harness nearly new	Milk wagon Surrey wagon	4 Iron beds, mattresses and springs
2 Sets of single harness as good as	Single buggy	Chiffonnier Commode Bedroom suite
new	Empire disc drill with phosphate	Couch 3 Rocking chairs 2 Parlor tables
Roan cow with calf by side	attachment	Set of dining room chairs 12 ft. dining table
Holstein cow with calf by side	Deering binder Deering mower	Sewing machine, nearly new
Red cow with calf by side	Osborne corn harvester	Leather Morris rocker, new Refrigerator
Red cow, fresh	Hay loader and side delivery rake	Glass cupboard Kitchen cabinet
Spotted cow, fresh	2 sets of slings	8 Kitchen chairs About 75 cords of wood
Part Holstein cow, fresh	180 ft. rope and pulleys	Ingrain carpet 6 quart ice cream freezer
Spotted cow, fresh	Hoisting catch block	15 ten gallon milk cans 40 cords of dry wood
Brindle cow, due Feb. 18	2 sets bob sleighs Cutter	
Red cow, due Mar. 16	3 No. 9 Oliver plows Gale plow	8 acres of corn stocks in stack
Red cow due Mar. 20	4 sets of spike tooth harrows	20 tons of hay in barn Quantity of bean fodder
		About 50 tons of Ensilage in Silo
		5 pails of Willbert stock food 500 bu of Oats
		400 bu of Corn 30 bu of Pop Corn
		50 bu Potatoes 40 bu spy apples
		30 gallon stone crock 20 gallon stone crock
		12 gallons sourkraut Quantity of salt pork
		Quantity of Corned beet 10 dozen fruit jars

Striffler & McCullough will furnish the music. Will stop 15 minutes at noon to drink whey and eat crackers & cheese

Terms of Sale: All sums of \$10.00 or under, Cash; over that amount 8 months' time will be given on good approved endorsed notes with interest at 6 per cent.

WM. GOUGHERTY, PROP.

SCROFULA

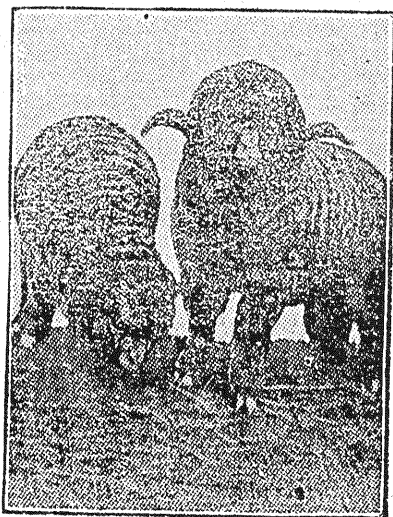
Scrofula disfigures and causes life-long misery. Children become strong and lively when given small doses of **Scott's Emulsion** every day. The starved body is fed; the swollen glands healed, and the tainted blood vitalized. Good food, fresh air and **Scott's Emulsion** conquer scrofula and many other blood diseases.

FOR SALE BY ALL DRUGGISTS
Send 10c. name of paper and this ad. for our beautiful Savings Bank and Child's Sketch-Book. Each book contains a Good Luck Penny.
SCOTT & BOWNE, 409 Pearl St., N. Y.

SELECTION OF SHEEP.

Some Points on Choosing the Best Breeds For Crosses.

An authority on the breeding of sheep for wool and mutton expresses his opinion on the subject in the following manner: To develop a good flock of breeding sheep for wool and mutton begin with the ewes that are half Cotswold and half Merino and be sure that you select a buck that is a full blooded Shropshire. In this cross you get a grade of sheep that is hard to surpass both for wool and mutton. In an experiment this method proved a good one. A twin lamb sheared when



FINE PAIR OF MERINOS. (From Breeder's Gazette, Chicago.)

a little more than a year old sixteen pounds of good wool, and when a year and a half old the carcass weighed 100 pounds.

If the sheep are getting too wrinkly and the wool too short I get either a Cotswold, Oxford or Shropshire buck, and if the fleece is getting too hairy and light in weight I breed back to the Merinos.

Sheep like rape, but they should not be kept on rape alone.

During this the cold period of the year, when the pastures do not furnish enough feed to keep them thrifty and growing nicely, it is a good idea to begin feeding corn and fodder, cowpeas and clover hay and sometimes thrashed oats or sheep oats.

Ten sheep will eat as much as one cow, and every farmer should aim to feed accordingly.

Some breeders prefer to have lambs come in February. Although it may require care to save them during cold weather, they will go through the winter better and make better sheep than do late lambs.

Freshening Cows.

On a successful dairy farm, where a large number of cows are kept and milked, special attention is given to the freshening and drying cows. Three weeks before a cow freshens, if this occurs during the winter feeding period, the owner begins feeding about two pounds of wheat bran a day. No shorts are fed until after calving. This feed is gradually increased until at calving time the cow is receiving about four pounds of bran daily.

After freshening the cow's grain ration is gradually increased by adding shorts until the amount fed reaches a maximum of eight pounds for the best cows in the herd. In the case of the smallest milkers shorts are gradually substituted for half the bran after the cow freshens, so that these cows get only four pounds of bran and shorts as a maximum grain feed. The average cow in the herd gets about six pounds of bran and shorts when in full flow of milk in the winter.

An effort is made to have each cow dry from six to eight weeks each year. The cows are milked regularly twice a day up to a week of the time they are to be turned dry. They are then milked once a day for three or four days, a small quantity of milk being left in the udder each time. After this they are turned out to pasture and are not milked again until the next period of lactation begins.—Journal of Agriculture.

A Good Cure For Foot Rot.

Stockmen having trouble with foot rot in their sheep and unable to obtain a means of ridding them of the disease will find that the following solution is beneficial: Mix thirty grains of corrosive sublimate in one pint of turpentine and apply with a swab after thoroughly paring the hoofs. The advantages of this mixture are: First, cheapness (the turpentine is the principal expense); second, convenience and safety in use (while corrosive sublimate is extremely poisonous if taken internally, it is not caustic in the above mixture, and if it gets on the sound flesh of the sheep, even on the tender skin of the udder, it does no harm, or if the operator gets it on his hands it makes no trouble); third, the penetrating properties of the turpentine carry the germicide deeply into the diseased tissues and insure a prompt and radical cure.

Helpful Dairy Hints.

The great drawback about dairying with grades is the loss of the male calves. You should not sell them for sties, and they seem too valuable for veal.

The flesh that the good dairy cow puts on her back when dry is the deposit upon which she can draw when she freshens.

A frequent change of feed will keep the cow's appetite keen, and her production will depend upon what she eats.

Dried beet pulp is coming to be a great dairy feed. It's only a short time since it was considered a waste product.

Milk is one commodity in which the buyer refuses to recognize the different grades of excellence.

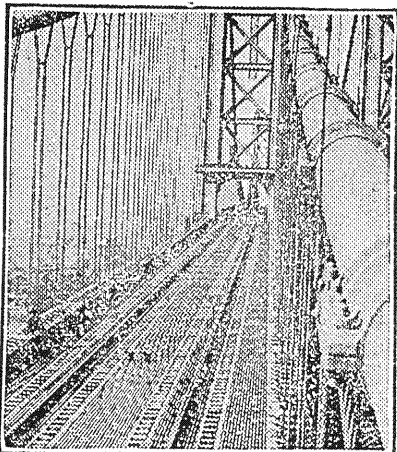
GOTHAM'S GREAT BRIDGE.

New Manhattan Is World's Third Largest Suspension.

New York's new \$25,000,000 bridge, the Manhattan, which has just been opened for traffic, is a most remarkable structure and unique in many ways. For instance, it is the third largest suspension bridge in the world. It will have more than twice the passenger carrying capacity of the Brooklyn bridge, the engineering problems involved were more complicated than on any of its sister structures and, finally, with the exception of the Brooklyn bridge, its design is more artistic than the designs of the others.

The roadway on the new bridge is in the center of the structure. On the sides are tracks for subway trains and on the extreme sides of the bridge are the promenades and the tracks for the trolley cars. The bridge is a double decker, and above the subway tracks is another set of tracks for elevated trains.

Each of the four cables consists of 9,427 wires three-sixteenths of an inch in diameter, woven in thirty-seven strands. The outside diameter of the finished cable is twenty-one and one-fourth inches. The wire in the four cables is more than 23,000 miles in length. The suspension cables are one and three-fourths inches in diameter. The strength of each of the main cables is 21,000 pounds per square inch, or something like 50,000.



NEW YORK'S NEW BRIDGE.

600 pounds for each cable, outside of the weight bearing capacity of the supports and anchorages.

The superstructure hung from the cables has four main trusses extending the length of the bridge. Each anchorage contains something like 115,000 cubic yards of concrete and granite and weighs nearly 225,000 tons. Heavy chains and eye bars are imbedded in the concrete. To these the ends of the four cables are fastened. More than six miles of eye bars were used.

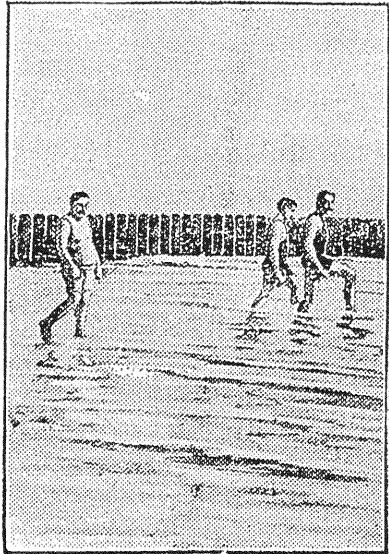
Approximately 45,000 tons of material were used in the bridge. This is divided as follows: Three thousand tons for the towers, 18,000 tons for the suspended spans, 8,000 tons for the cables and 16,000 tons for the approaches.

NOW THE SNOW CURE.

Ocean Dips Also Taken by Many to Cure Disease.

Snow baths and ocean dips in states where the weather is cold have been taken up by a number of people this winter, who declare they have found a new cure for disease. The well recognized facts that pneumonia and tuberculosis are unknown ailments in the arctic and that the Eskimos never catch cold are the foundation stones upon which they base their belief, but one should, of course, consult a physician before trying this heroic cure.

For some years various people have taken dips in the ocean in the coldest weather. Dr. W. E. Crockett of Boston hasn't missed his daily plunge in the sea in winter for many years. Henry S. Horan of the same city frequently swims eight or ten miles when the thermometer is below zero and then warms up by rolling in a snow bank. The illustration shows a party of hardy New Yorkers who take a dip in the ocean at Coney Island every



AN OCEAN DIP IN ZERO WEATHER.

Sunday throughout the winter, no matter what the temperature. After their plunge they indulge in a snow-bath on the beach.

Many women are trying the snow baths this winter. Miss Margaret J. Dunn, an Englishwoman, has not lived inside a house for five years, deciding to stay entirely in the open air, and every morning in the winter she takes a plunge in the snow, just as one would take one's morning bath in the house. Followers of all these measures make the same claim for their methods—immunity from pneumonia and from consumption, freedom from rheumatism, pleurisy and all coughs or colds by perfect oxygenation of the blood and faultless circulation and digestion.

AUCTION!

STRIFFLER & McCULLOUGH, Auctioneers

Having decided to discontinue my livery business, I will sell my horses and livery equipment at auction at my barn on Leach Street, Cass City, on

Saturday, Feb. 26

Commencing at 12 o'clock sharp:

8 HORSES

- Brown mare 9 yrs old, wt 1300
- Brown horse 6 yrs old, wt 1300
- Grey horse 10 yrs old, wt 1100
- “ “ 9 yrs old, wt 1100
- Roan horse 5 yrs old, wt. 1150
- Chestnut horse 6 yrs old, wt 1100
- Chestnut horse 9 yrs old, wt 900
- Chestnut horse 12 yrs old, wt 1100
- Cadillac touring car
- 3 sets double driving harness, nearly new
- Set of heavy work harness

- 7 sets of single harness
- 5 sets of fly nets
- 6 strings of bells
- 4 Cutters
- Concord buggy
- 8 top buggies, 2 of them new
- 2 rubber tire runabouts
- Surrey nearly new
- Canopy top democrat
- Three-seated buggy
- Trunk wagon
- Heavy Jackson wagon
- Hay rack and box
- 8 heavy robes

- 10 heavy plush robes
- 4 fur coats
- 5 rain coats
- 5 pairs heavy street blankets
- 2 tons of hay
- 5 bu apples
- 25 bu potatoes
- Iron pump
- 15 chickens
- Iron harrow, 60 tooth
- Set dining room chairs
- Laurel range
- 2 bedroom suites
- Sideboard
- Couch
- Many other articles too numerous to mention

Terms: All sums of \$5.00 and under, Cash; over that amount 8 months' time on good approved endorsed notes bearing 7%.

WM. QUINN, Proprietor.

10 DAY CLOTHING SALE

Commencing

Feb'y 17 and ending Feb. 26

In order to make room for our Spring shipment we will sell at a great reduction our entire stock of Gents' Furnishings.

Special Bargains in Men's Overcoats and Youths' Suits.

Gents' Suits	Youths' Suits	Boys' Suits
\$20 Suits now \$16.40	\$12 Suits now \$9.40	\$6 Suits now \$4.00
\$18 “ “ 12.40	\$10 “ “ 5.40	\$4 “ “ 3.00
\$12 “ “ 9.40	\$8 “ “ 4.40	\$3 “ “ 2.40
\$10 “ “ 6.40	\$6 “ “ 3.40	\$2 “ “ .98c

GREAT BARGAINS IN HATS AND CAPS.

S. W. STRIFFLER Argyle, Michigan.

CASTORIA

For Infants and Children. The Kind You Have Always Bought Bears the Signature of *Chas. H. Pritchard*

Silver of Quality



Rely on your own judgment as to pattern, but remember durability is the most important feature.

1847

ROGERS BROS. X'S TRIPLE is the name stamped on the back of spoons, forks and fancy serving pieces in silver plate of proven quality—

"Silver Plate that Wears"

Wide latitude for choice is offered in the many exquisite designs.

Sold by leading dealers everywhere. Send for Catalogue "C-L" showing all designs.

Merrill Britannia Co. International Silver Co., Successors, Meriden, Conn.

W. L. DOUGLAS

\$3, \$3.50 & \$4 SHOES BOYS' SHOES \$2.00 \$2.50



THE LARGEST MAKER AND RETAILER OF MEN'S FINE SHOES IN THE WORLD.

"SUPERIOR TO OTHER MAKES." "I have worn W. L. Douglas shoes for the past six years, and always find they are far superior to all other high grade shoes in style, comfort and durability." W. G. JONES, 119 Howard Ave., Utica, N. Y.

If I could take you into my large factories at Brockton, Mass., and show you how carefully W. L. Douglas shoes are made, you would realize why they hold their shape, fit better, wear longer, and are of greater value than any other make. CAUTION—See that W. L. Douglas name and price is stamped on the bottom. Take No Substitutes. If your dealer cannot fit you with W. L. Douglas shoes, write for Mail Order Catalogue. W. L. Douglas, Brockton, Mass.

FOR SALE BY

J. D. Crosby & Son

Home Course in Domestic Science

III.—Cost of Food In Moderate Homes.

By EDITH G. CHARLTON, In Charge of Domestic Economy, Iowa State College.

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It was Ruskin who said, "Sure good is first in feeding people, then in dressing people, then in lodging people and last in rightly pleasing people with arts or science or any other subject of thought."

If Ruskin is right, and we know he is, then it behooves all those who are interested in homemaking and housekeeping to see to it that their duty is well performed; that the results of their labor are not only bringing good to people, but also making good people.

The cost of living depends on the ideas and standards of the persons spending the money, or else it depends on the total disregard for them. The question of how much our living shall cost is more of education than of location, so a scale of expenditures cannot be given that will be suitable in every particular to any locality.

Any woman who has a right standard of life will not be satisfied to spend all the income for physical needs. She will want a balance for those things which are termed higher life, education and all those advantages which develop the mental and moral side of the family.

It has been said that one-half the cost of living is the cost of food, and it has been shown over and over again that it is not the food actually eaten which costs so excessively as it is what is wasted by poor cooking, preparing too large quantities and buying out of season.

Meals at 18 Cents a Day. An income of from \$1,000 to \$1,500 should allow to more than 18 to 25 cents a day for each person for food, or not more than 22 per cent of the total income.

To buy wisely on a small margin requires some knowledge of food values, because it is necessary to have the daily meals represent a given amount of proteid, fat, sugar and starch, mineral matter and water.

Table with 2 columns: Food Item and Amount. Includes Milk, Bread, Beef, Potato, Salt Mackerel, Two Eggs, Butter, Rice, Sugar, Cheese.

The question now is, Which of these foods can be provided for 18 cents a day for each person? Not those out of season nor quickly perishable nor those brought to the consumer from a distance.

perishable and because of the cost of transportation. They are one of the most easily digested foods, eaten raw or when slightly cooked, and they contain considerable nutriment. But as a tissue building food or a meat substitute they are not nearly as valuable as some other articles of the diet.

Prices differ in various localities, and it is impossible to suggest definite menus that everywhere can be provided for a certain sum of money. However, in the greater portion of this country a selection may be made from the following list of food materials by persons living on from 15 to 25 cents a day:

- Beef, mutton, pork or any meat not over 20 cents per pound. Wheat bread, purchased or homemade. Butter for the table. Common cereals. Suet, lard for cooking. Whole milk. Dairy cheese. Dried fruits. Cabbage, carrots and other vegetables in season. Cane or beet sugar. Fish. Bacon. Coffee served with hot milk occasionally. Tea occasionally. Local fruits in season.

Serving Cheap Materials. This list of foods can be varied from day to day by the skillful housekeeper and will furnish not only pleasing variety in the meals, but the required nourishment. But when the cheaper foods are used greater care must be taken in their preparation.

When the variety of food from which to make a selection is limited it is necessary to know a number of ways in which to serve the same article as it appears on the table day after day. If oatmeal must be the staple breakfast dish five mornings out of seven, try the addition of a handful of dates from which the stones have been removed.

Two pounds of lean beef cut from round, grated rind of half a lemon, one tablespoonful of finely chopped parsley, one egg, one-half teaspoonful of onion juice, two tablespoonfuls of melted butter, little grated nutmeg, one teaspoonful of salt and one-quarter teaspoonful of pepper.

Half cup stock, half cup cream, two tablespoonfuls flour, teaspoonful salt, half teaspoonful pepper and tablespoonful capers. Add salt and pepper to flour. Dilute with cold water. Add to stock and stir. Add cream and cook with capers.

Strain liquid in which pot roast was cooked. To two cups add half cup sifted peas and thicken with tablespoonful flour blended with two tablespoonfuls melted butter.

small pieces and brown in butter. Add the vegetables and seasoning and pour over enough boiling water to cover. Let simmer for an hour or until meat is tender.

IV.—Vegetables In the Diet.

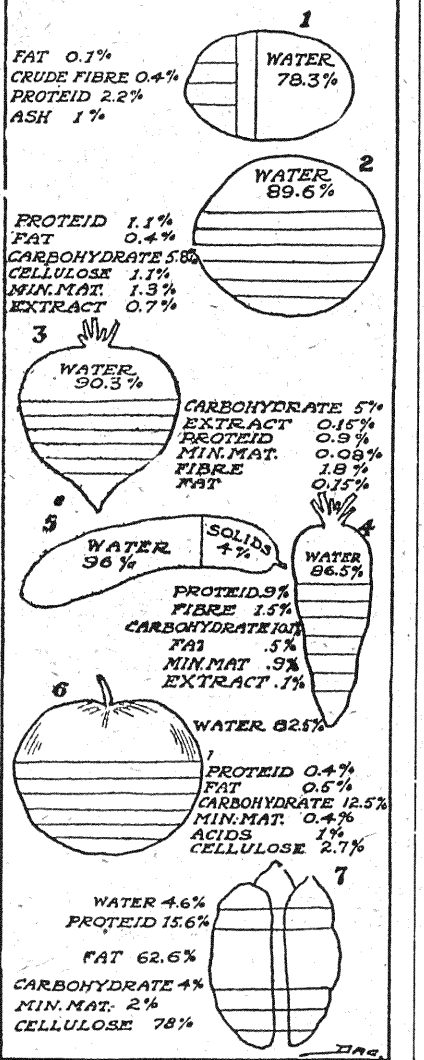
By EDITH G. CHARLTON, In Charge of Domestic Economy, Iowa State College.

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THERE are three main reasons for cooking—viz, (1) to develop flavors and make foods more palatable, (2) to make some foods more digestible and (3) to kill germs.

In cooking any food the first great essential to success is to be accurate in method. Accuracy in measuring and combining ingredients with a knowledge of the effect of heat on different food materials, combined with interest in the task, can almost always be relied upon to insure a successful finished product.

There are a variety of food materials which cannot be classed as nutritious, and yet they have a distinct value in the diet. For instance, fresh fruit and vegetables are not especially nourishing as far as making blood and muscle and giving heat and energy are concerned, but both should be given an important place in the daily bill of fare.



COMPOSITION OF FRUITS AND VEGETABLES. 1. Composition of potato. 2. Composition of cabbage. 3. Composition of carrot. 4. Composition of cucumber. 5. Composition of apple. 6. Composition of walnut.

There are also some food materials which, while very nutritious, require a considerable effort on the part of the digestive organs to make them available for the body.

The older the vegetable the harder the woody fiber becomes until the vegetable which has been left in the ground till late in the season can be torn apart like coarse threads.

Vegetables are useful in the diet for three reasons: First.—The mineral salts are needed to keep the blood pure and for bone formation in the young.

act as ballast and assists the action of the intestines. Third.—Some vegetables, such as potatoes and corn, are rich in starch and when eaten with the protein foods, such as meat, fish and eggs, serve to balance the diet.

Preparing Vegetables For the Table. All green vegetables should be fresh and crisp when put on to cook. If for any reason a vegetable has become soft or withered it should be soaked in very cold water until it again becomes plump and crisp.

To be cooked properly vegetables require rapid cooking until tender. Salt is usually added to the water before the vegetable is put in, except in the case of potatoes, which are better if salted just before draining.

One cupful of cream, one teaspoonful of salt, one-eighth teaspoonful of pepper, one tablespoonful of flour, one tablespoonful of butter, one egg yolk and four tablespoonfuls of cheese.

Serve with one-quarter cupful of melted butter, one tablespoonful of lemon juice or vinegar, three teaspoonfuls of Worcestershire sauce and one tablespoonful of chopped pimento or red pepper.

Universally as potatoes are served, there is no vegetable which is more often sent to the table absolutely unfit to eat. When kept in a closely covered vessel or allowed to cook in unbroken skins they will become soggy and dark and have a rank flavor.

For baking select medium sized potatoes, scrub well and dry them. Bake in a shallow pan in a moderately hot oven until soft—about forty-five minutes.

Wash, peel and cut in dice of uniform size two cupfuls of raw potatoes. Cook in boiling water until tender.

Two tablespoonfuls of butter, two tablespoonfuls of flour, one-half teaspoonful of salt, one-eighth teaspoonful of pepper, one cupful of milk, one-fourth cupful of cheese, grated, and one tablespoonful of parsley.

Three cupfuls of cold boiled potatoes, four tablespoonfuls of oil, two tablespoonfuls of chopped parsley, one tablespoonful of onion, one-half teaspoonful of salt, one-fourth teaspoonful of pepper and two hard cooked eggs.

Two cupfuls of hot mashed potatoes, two tablespoonfuls of butter, one-third cupful of grated cheese, one-half teaspoonful of salt, a few grains of cayenne, a little grated nutmeg, two tablespoonfuls of thick cream and yolks of two eggs.

There are numerous ways of preparing all vegetables; but, as previously stated, the simple methods are the best. The main point to remember is rapid cooking in constantly boiling water until tender.

The Questions of Clarence. "Well, Clarence, what is it?" asked the boy's papa.

The Arctic Summer. The arctic summer is brief, but for weeks together there is nothing to distinguish day and night.

When James IV. of Scotland went to London to propose for the hand of Margaret, the daughter of Henry VII., he was somewhat disgusted to find her at their first meeting so busily engaged in a game of cards that she was scarcely able to give him any attention.

A Good Retort. The coachman of Frederick the Great once had the misfortune to upset the royal carriage with his dread sovereign in it.

An attack of the grip is often followed by a persistent cough, which to many proves a great annoyance. Chamberlain's Cough Remedy has been extensively used and with good success for the relief and cure of this cough.

I count him a great man who inhabits a higher sphere of thought into which other men rise with labor and difficulty.

Most people know the feeling, and the miserable state of ill health it indicates. All people should know that Foley's Honey and Tar, the greatest throat and lung remedy, will quickly cure the soreness and cough and restore a normal condition.

"How are things?" the barber asked pleasantly of the shrinking man in the chair.

More people are taking Foley's Kidney Remedy every year. It is considered the most effective remedy for all kidney and bladder troubles that medical science can devise.

The wise and industrious father was chiding his son for procrastinating. "You are always late," scolded the senior.

A few minutes delay in treating some cases of croup, even the length of time it takes to go for a doctor often proves dangerous.

A Student of Human Nature. "That was a pretty harsh note Mr. Clincher sent you."

If troubled with indigestion, constipation, no appetite or feeble, give Chamberlain's Stomach and Liver Tablets a trial and you will be pleased with the result.

It Cures From Infancy to Old Age.

Some Man Some Day

May Make a Medicine for bright's Disease, Rheumatism, Stomach and bladder Trouble the Equal of

San-Jak

But Not Yet It is the Only Medicine which Enables You to Keep a Perfect Balance Between the Eliminations and Renewals of the Body.

Decay of the Body in Old age is Unnatural.

Permanent wastes of the system can be avoided by taking SAN-JAK, making each day a birthday for the person who has a bottle of this great medicine on hand.

When the products of exhaustion reach the brain and deaden the nerve centers, as in the case with old people, limiting their ability to think and act unless they have the power to oxidize the acids that accumulate during sleep and eliminate them, they had better get a bottle of Dr. Burnham's SAN-JAK.

Dr. Burnham: Your inquiry as to my health, in reply I have taken 8 bottles of your San-Jak and can cheerfully recommend it as the best medicine I ever found.

J. F. Rook, 41 E. Main St. Battle Creek, says: I wish to state that your San-Jak cured me of Bright's Disease after the local doctors said I could not live.

E. S. Hough, ex-judge of probate of Lapeer county, says: "I bought a bottle of San-Jak from P. P. Snowman, the druggist of Lapeer. I felt I was 100 years old, with great distress of the stomach and a drowsy, sleepy feeling, which the medicine has corrected."

Mrs. T. H. Curtis, R. F. D. No. 2, Ipeker, says: "I wish to tell you how much good your San-Jak has done for me. I have had the rheumatism and liver trouble 12 years. Sometimes my feet and limbs were swollen so I could not wear my shoes. I have taken one and one-half bottles of your remedy. The blood has all gone down. The pain gradually left and the stiff joints are getting more limber. I think 3 or 4 bottles of your San-Jak will cure me completely. Merc thanks in words is a feeble way of telling how grateful I feel for the benefits bestowed upon me by your medicine."

Mrs. John Erickson, St. Johns, Mich., March 12, '08. I have been in very poor health for the past seven years and have since childhood been afflicted with sick head ache. I have taken 4 bottles of San-Jak and it has done me a wonderful good. I am now able to do light work and gaining in strength.

It restores the aged to health and youth. No remedy equal to San-Jak as a blood tonic. The tired feeling leaves you like magic.

We will give \$100 to any church or charitable institution if these testimonials are not genuine.

Have you Kidney, Liver or Stomach Trouble?

Are you a Rheumatic, with Backache, Varicocle Swollen Limbs? Take Dr. Burnham's SAN-JAK

Sold in Cass City by Edward Ryan, druggist, who is reliable and will return the price of one bottle [\$1.00] if San-Jak fails to strengthen the system.

We Test Stott Flour And Prove Its Goodness

No test of flour can equal the actual *baking* test. After exercising every precaution of which we know, to make **Stott Flour** the cleanest, purest and most dependably excellent of flours, we put it to the baking test. Several times each day the quality of

STOTT FLOUR

is proved by our testing baker. The name "STOTT" on a sack, therefore, insures flour that will give you very best baking results.

The finest of flour costs no more than others.

DAVID STOTT, Miller
Detroit, Michigan

FOR SALE BY

E. W. JONES, Cass City.

The Scrap Book

Too Realistic.
A fairly well to do but rather miserly farmer said to a friend: "Say, Bill, I'm going to kill my pig, but I owe so much pork to my neighbors that I shall have none left for myself if I pay it all back. What would you do?"

"Quite easy to trick 'em," said the friend. "Kill your pig and leave it hanging outside until late at night, so's every one can see it. Then take it in and say some one stole it. Stick to the tale and you'll be all right."

The farmer followed instructions, and the kind friend watched his chance and stole the pig. The poor farmer came around next morning to tell what had happened.

"Somebody's stolen my pig!" he cried.

"Good!" said the friend. "Stick to it, and the neighbors 'll believe you, sure enough."

"But it was stolen, I tell you!"

"Excellent!" quoth the friend. "Just you stick to the tale."

"You confounded ass!" yelled the farmer. "Don't you understand? It was really stolen!"

"Superb!" laughed the delighted friend. "You ought to have been an actor, so you ought."

Then the farmer slammed the door and went away fuming.

—John J. Ingalls.

Opportunity.
Fame, love and fortune on my footsteps wait;
Cities and fields I walk; I penetrate
Deserts and seas remote and, passing by
Hovel and mart and palace, soon or late
I knock unbidden once at every gate.
If sleeping, wake; if feasting, rise before
I turn away. It is the hour of fate,
And they who follow me reach every state
Mortals desire and conquer every foe
Save death; but those who doubt or hesitate
Condemned to failure, penury and woe,
Seek me in vain and uselessly implore—
I answer not and return no more.

—John J. Ingalls.

Didn't Have to Resort to Numbers.
The school census taker stopped at a little hut in the mountains of Kentucky and, addressing the mother of an unusually large flock of children, said:

"Madam, I am taking the school census. How many children have you between the ages of six and—"

"Lemme see," she broke in, "there's Katy an' Mary an' Annie an' Lucy an' Carrie an' Rob an' Jake an' Will an' Harry an' Jim an'— She paused for a breath, and her caller made haste to say:

"Now, madam, if you could just give me the number—"

"Number!" she snapped. "Number!" We ain't commenced numberin' yet, thank you. We ain't run out o' names."

—John J. Ingalls.

Rose to the Occasion.
The consul in London of a continental kingdom was informed by his government that one of his countrywomen, supposed to be living in Great Britain, had been left a million of money. After advertising without result he applied to the police, and a smart young detective was set to work.

When a few weeks had gone by his chief asked him how he was going on.

"I've found the lady, sir."

"Good! Where is she?"

"At my place. I got married to her yesterday!"

—John J. Ingalls.

The Next Move.
A substantial looking man halted for a moment in the street, pulled out a big wallet and examined a card which he took from it. As he dropped the card back and closed the book a fat wad of bills showed in one of its compartments. A pair of pickpockets passing caught sight of the money, and, with a rapid exchange of meaning glances, they dropped a little behind and followed the man for several blocks with the view of availing themselves of the first opportunity to relieve him of the roll. After awhile the man with the wad suddenly turned and entered a lawyer's office, leaving the pickpockets facing each other with looks of dismay.

"What shall we do now?" growled one of them.

"Let us wait for the lawyer," said the other.

—John J. Ingalls.

Melba's First Appearance.
Melba's first public appearance was made at the age of six, when she sang "Comin' Thro' the Rye" at a school concert. She was eager to hear what her playfellows, and one in particular, thought of her triumph. After many indirect attempts to introduce the subject Nellie at length found herself unable to wait longer and exclaimed excitedly: "But the concert, the concert! I sang last night and was encored." And she looked with interest in the face of her friend, who answered wistfully: "Yes; Nellie Mitchell and I could see your garters." —Melba in "A Biography."

BEATS THE WORLD FOR CACTUS AND SUNSHINE

Continued from first page.

President Taft went over last fall and they say the Mexicans don't want too much of a good thing. Left El Paso at 7:00 P. M., arrived in Douglas, Arizona, at 7:00 A. M. They call this train the Drummer's Special and give you 12 hrs. to go 217 miles. They want every body to have a good night's rest before they get off at Douglas.

When I arrived here I found my brother waiting for me, and on arriving at his home found my mother, and sister-in-law, and breakfast waiting. I found every body well. This climate just suits my mother. Douglas is situated in the Sulphur Springs Valley which is about 140 miles long and 15 to 30 miles wide. This valley looks to me to be about 4 miles wide and 25 long. Distances are very deceptive in this dry atmosphere. Douglas is a city of about 12,000, modern in every respect. They are just as fond of sport here as we are back East. Have a fine base ball park, golf links, race track, etc. They have an excellent Y. M. C. A. building, and the finest hotel between Kansas City and Los Angeles.

The city is supported almost entirely by the two smelters. The Copper Queen, which makes about 10,000,000 lbs. of copper per month and the Calumet & Arizona which make about one half as much. My brother is general foreman of the C. & A. Smelter, and as he does not seem to have much to do, he has given me the time of my life. If any of you have a copper mine, I'll be glad to tell you how to make it into copper. Yesterday we went up to Bisbee to the mines went down 1,550 feet into one of them and saw them taking out this ore. It was a wonderful experience for me, but not any more than you. From the mine we walked up over the mountains, a distance of perhaps one mile but which seemed to be five miles to me, to Bisbee. I can't describe this city. It is too wonderful for me. When I looked down on it I thought it looked to be about one half as big as Cass City, but I found when I got into it that it was a city up to Chicago in some respects with 18,000 inhabitants. The main or business part of the city is built in center of a canyon and the residences are built up on the sides of the mountains, one house above another till they get away up. It would be handy for Santa Claus. He could start at the top and work down. It may be that children were first called kids here. They sure would have to be like kids to climb these mountains. Bisbee is 5,500 ft above sea level. All the people here seem to talk about its mining and stocks.

To be continued from Los Angeles.
H. L. McDermott.

Now Listen Here---

You can save from 10 to 15 per cent in buying your Clothing, Shoes, Rubbers, Underwear, Hats, Caps, Etc. at The Model. We furnish you the best goods possible at the minimum price. We guarantee you satisfaction in every detail—You'll get your money's worth. Come in today.



HARVARD CLOTHES

The Model

CLOTHING & SHOE COMPANY.

PERHAPS you want a little Money till fall.

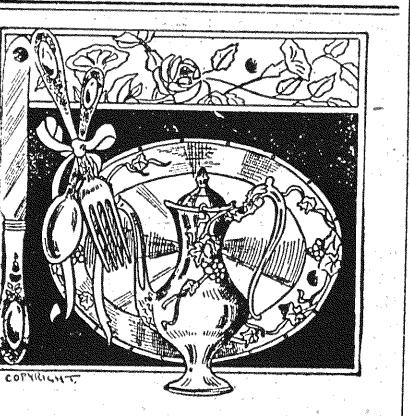
PERHAPS you have a little Money you do not need for three months or more.

We are here to serve you—try us.

DEFORD BANK

of A. FRUTCHEY & SONS.

J. FRUTCHEY, CASHIER.
H. W. YOUNG, Ass't CASHIER.



YOU WILL THANK US for calling your attention to what we believe you'll say is "a good idea."

It's 'A Good Idea' to buy Silverware here

First—because we keep a well assorted stock, and second—because we always sell at a low price. Our table silverware is "up-to-date" and is fully warranted.

T. L. Tibbals, Jeweler

was the sentence handed out by Judge Beach Thursday to Benjamin Hall, keeper of the hotel in Watrousville after he had pleaded guilty to the charge of selling liquor in violation of the local option law.

Sherman Bingle, the five weeks old son of Mr. and Mrs. John Bingle, living southwest of town made his bow into the world to as numerous an array of ancestral kin as the most of them. He can boast of a father and mother, two grandfathers and grandmothers, Mr. and Mrs. Henry Bingle and Mr. and Mrs. Peter Caughel, and then he has three great grandfathers, John P. Bingle, Joseph Caughel, and John Frasier, the latter being the step father to Mrs. Henry Bingle, and then he is possessed of two great grandmothers, Mrs. John P. Bingle and Mrs. John Frasier. If this kid doesn't get all the elderberry pie and jam he wants in this world it won't be because he hasn't enough of that kind of kin that usually have such things stored for the kids.—Carsonville Tribune.

CASS CITY MARKETS.

Cass City, Mich., Feb. 17 1910

Buying Price—

Wheat No. 1 white.....	1 19
Wheat No. 2 red.....	1 10
Rye No. 2.....	75
Oats new.....	44
Western corn.....	75
Chickpeas.....	2 00
Ashley.....	6 00
June or Mammoth.....	7 00
Penns.....	7 50
Bald Hay.....	10 00
Wool per lb.....	14 00
Eggs, per doz.....	21
Butter, per lb.....	21
Fat cows, live weight, per lb.....	3 1/4
Steers.....	3 4
Fat sheep.....	3 5/8
Lambs.....	4 6
Hogs.....	7 3/8
Dressed hogs.....	9 1/4
Dressed beef.....	7 8
Calves.....	4 6
Chickens.....	9
Ducks.....	7
Geese.....	7
Turkeys.....	12
Hides green.....	7

ROLLER MILLS.

White Lily, per cwt.....	3 10
Economy.....	2 25
Fanchon.....	3 25
Gold Rm.....	3 25
Grubham.....	3 00
Granulated meal.....	2 50
Feed.....	1 60
Meal.....	1 75
Bran.....	1 50
Middlings.....	1 50
Oil meal.....	2 00
Gluten meal.....	1 75
Cottonseed meal.....	1 90
Salt, per bbl.....	1 15

We buy poultry every day in the week. Highest market prices paid.
Harry Young. 12-3

GLAZIER AND SLEEPER.

H. S. Earle Compares Them in Talk to Newsboys' Association.

"Would you rather be Frank P. Glazier or Albert E. Sleeper, his successor as state treasurer? Would you rather be Charles W. Morse or Thomas A. Edison?" were the two questions which Horatio S. Earle, former state highway commissioner, put to the members of the Newsboys' association recently in Detroit in a talk on "Different Kinds of Capital."

"Glazier and Morse each started with financial capital, but not enough of that other capital which we call character," continued Mr. Earle. "They are now in prison. Thomas A. Edison started with a capital of industry and integrity, selling papers on the train from here to Port Huron and learning to telegraph at Mt. Clemons. Albert Sleeper, when I first knew him was a poor boy, sweeping out a store in Vermont for \$2 or \$3 a week. Now he has a quarter of a million dollars of the other kind of capital, and still has the respect of his fellow citizens."

Sam Bunch, formerly secretary of the association, is being sent through the architectural course at the University of Michigan at Mr. Earle's expense.

Mr. Hillman also wishes to express his gratitude to the members of the choir and the monster who officiated at the funeral service.

Real Estate Exchange

Parties wishing to buy, sell or exchange farms for larger or smaller farms or exchange in Cass City Real Estate may do well to call on E. H. PINNEY & SON at the...

EXCHANGE BANK

CASS CITY, MICH.

Does Not Color Hair

Ayer's Hair Vigor, as now made from our new improved formula, does not stain or color the hair even to the slightest degree. Gray hair, white hair, blonde hair is not made a shade darker. But it certainly does stop falling hair. No question about that.

Saved From Awful Peril.

"I never felt so near my grave," writes Lewis Chamblin, of Manchester, Ohio, R. R. No. 3, "as when a frightful cough and lung trouble pulled me down to 115 pounds in spite of many remedies and the best doctors. And that I am alive today is due solely to Dr. King's New Discovery, which completely cured me. Now I weigh 160 pounds and can work hard. It also cured my four children of croup." Infalible for Coughs and Colds, its most certain remedy for LaGrippe, Asthma, desperate lung trouble and all bronchial affections, 50c \$1.00. A trial bottle free.

Guaranteed by L. I. Wood & Co.


Mrs. Housewife:—There's a Happy Medium in Everything

Anything that is overdone or underdone is not good. This is especially true of baking—and it is just as true of baking powder. If you use the cheap and Big Can Kinds you are getting quantity at the sacrifice of quality. It cannot be as good—or as economical as Calumet—the medium price kind: If you use the High Price Kind, you are paying tribute to the Trust—the quality is no better.

The Cheap and Big Can Kind

In this can you get more substance but not more baking powder. It is great in quantity only—not in economy—not in satisfaction.

Here's the "Full Value" in BAKING POWDER



Calumet

The Trust Kind

Great in price, little in quantity and the quality is no better—if as good.

Calumet Baking Powder Co., Chicago

The Trust Kind

Calumet, in the Standard 1 lb. can, sells at a moderate cost—but is great in all round satisfaction. You use less of it—it makes the baking lighter, purer—more delicious. One baking will prove its superiority—try it. Ask your grocer and insist on Calumet. Free—large handsome recipe book. Send 4c and 8 1/2p found in pound can.

Calumet Baking Powder Co., Chicago

ROYAL Baking Powder

Absolutely Pure

Royal is the only Baking Powder made from Royal Grape Cream of Tartar

Many mixtures are offered as substitutes for Royal. None of them is the same in composition or effectiveness, so wholesome and economical, nor will make such fine food.