## THE DUTY OF MOTHERS.

What suffering frequently results
from a mother's ignorance ; or moro from a mother's ignorance ; or moro
frecunenty from a mother's neglect to
properly instruct her daughter 1 properly instruct her daughter
Truadition says "woman must suffer," and young women are so taught.
There is alittle truth and a great deal of exaggeration in this. If a young
woman suffers severecty she needs treatment, and her monter seo
that shio gets it.
 tion; but no mother need hesitate to
Write freely mbot her daughter or
hersclf to Mrs. Pinkham and secure charge. Mrs.
cynn, Mass.








 Nor street. of suluning gold.
 V. inn ing grace by hands familur beck Unto my nitung place.







 lating, woman's peculiar monthls
troubies. When you oen your heart to hust,
Loro will ceave sour ilie if hao woulld be orim ignavil. A certuin eure for Swollen, Smixt

 Widilitity to old truths demands hos Tancs F Tamly menteleno




It is the easiest thing in the world
to bogin things
 To bo eontent with less is to have
Ress disisontent.
No man is
meat

Do Not Trifle
with danger-and remembe danger.
 Cancsurin C䣲是
will cure your cough or cold
at once. It will heal and strengthen your lungs. It is a saleguard for you always. of a cough or cold




Warbo 0 O





Love of Matiolaine. BY James o'shavghniss


 met at her hame, for that matter, but
ho sact that Newtrrk and I nover


 | the Newtirk |
| :--- |
| Madelanine. |

 told me of it but it was so frmy ne
natter of nailes






 ing my devotions to her, as 1 felt
vould sulfer, by comparison, in Heet

 Therefore, as one whol loved her with
every fiber of his h heart that was sensit
 and my woins her for myselt
and wanted to tell her what
and



calli








 coincilance the zimmers left the very
next dany to pass the summer session



sittun
great
glisto
visie.
and
and
visito
were
and
passe
my
mad
ind

##      Wom notin chang chat    <br> Tํํ THRE T10 STM


 yer great bro
soul with joy.
"And you sighed.
IT have loved you with all my heart
for a long, long time, John," she
whispered. Whispered.
There we plighted our troth. The


 the air was perfumed wase we slowly
paced along. we forgot the dinner
our and didn't and
onapy happy.
It was
wi retur
siting in
 putting new life into the entire body.

## R


$F C R$ HAE MEOU cured woman, and such transforma tions are occurring in every communit If you the run-down and discouraged, here is the certain help.

$$
\begin{aligned}
& \text { in whica } \\
& \text { him. What docs this mean, Newkirk?" } \\
& \text { I demanded as savagely as I could } \\
& \text { when I recovered a part of my senses. } \\
& \text { wis }
\end{aligned}
$$

$$
\begin{aligned}
& \text { to me, ore that thament Madelane's } \\
& \text { mother camo shrieking to her augh- } \\
& \text { mer's aid. A score of other women }
\end{aligned}
$$

$$
\begin{aligned}
& \text { to the clerk's desk. } \\
& \text { ownerg did that } \\
& \text { so?" I demanded. }
\end{aligned}
$$

$$
\begin{aligned}
& \text { writing tracing the words: } \\
& \text { "Charles Newlifirk and wie" } \\
& \text { "Shall I send up your card?" asked } \\
& \text { the clerls. }
\end{aligned}
$$

$$
\begin{aligned}
& \text { saw wat you told me he was dead," she } \\
& \text { said, with a tone of deep ninury in } \\
& \text { ser voice. } \\
& \text { her }
\end{aligned}
$$

$$
\begin{aligned}
& \text { he voice, } \\
& \text { "Welle. aren't you more surprised to } \\
& \text { hear that he is married", } \\
& \text { "Why, no. He told me was woing }
\end{aligned}
$$

$$
\begin{aligned}
& \text { hear that no He told me he was going } \\
& \text { Easty, noarry some other girl when } \\
& \text { Ijited him the week before elast." }
\end{aligned}
$$

$$
\begin{gathered}
\text { Archblstop, of Ointerviry, } \\
\text { Che Archbishop of Canterbury rop } \\
\text { cently entered his eightieth year, hav. }
\end{gathered}
$$

$$
\begin{aligned}
& \text { The history of mankind is an im- } \\
& \text { mense. volume of errors. }
\end{aligned}
$$

##  



## (

 E had planned to go out with her husband, but her strength failed her.Her nerves were excited all day, and when night came she just couldn't find the courage. It is the old story of weakness and nervousness taking
pleasure out of life and filling it with discontent and suffering. It is not honest fatigue resulting from the suffering. It is nat hess born of weakness and ill health. aily task; it is weariness born of weakness women is Dr.
The ideal strengthener for weak womer Areene's Nervura blood and nerve remedy. It builds them up in every way by toning u It seeks out the weak spots and strengthens them. It enit seeks out the weak spots and strengthens the blood and gives it a healthy circulation, thus
riches Strength to overcome the general discouragement is followed by the ambition to
of sound, refreshing sleep brings a new sensation of acquired strength. How ready now is this woman for every duty and every
plan for pleasure I The
new new color in her cheeks



No matter how pleasant your surrounding: No m, rood health, is the foundation for ca oyment. Bowel trouble causes more aches and ains than all other discases together, and wh. you get a good dose of bilious bile coursing hrough the blood life's a hell on earth. Mus of people are doctoring for, and they will never get better till the bowels are right. You know gew it is-you neglect-get irregular-first suffer with a slight headache-bad taste in the mouth mornings, and geneta! "all gone" feeling during the day-reep on going from bad lif losese its charms, and there is many a one that has been driven to sucicidal relief. Educate your bowels with CASCARETS. Don't neglect the slightest irregularity. See that you have onc natural, easy movement each day. CASCARETS tone the bowels-make them strong-
and after you have used them once you will and after you have used them once you will
wonder why it is that you have ever Eeen ders commence to get better at once, and soon wou will bem. You will by taking


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