

# MOONLIGHT

# MADNESS

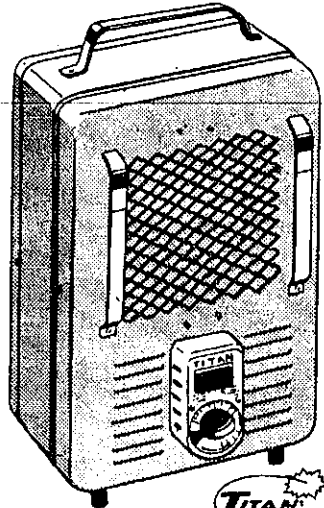
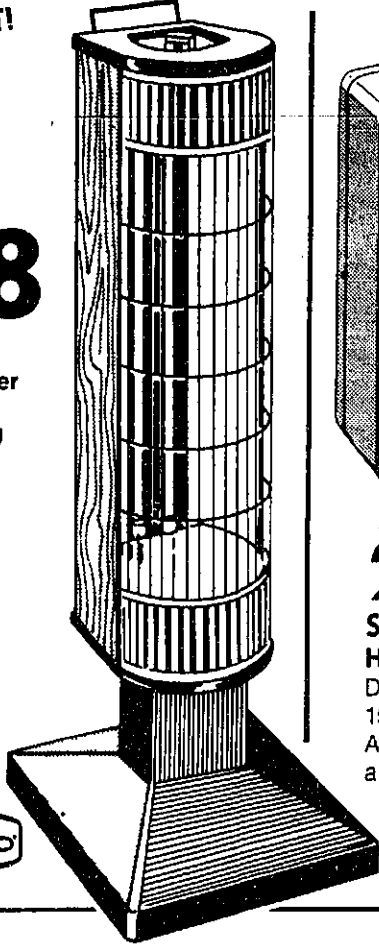
## Gambles **SALE** ELECTRIC HEATER

ENERGY EFFICIENT!  
FAST! PORTABLE!

**NEW!**  
**59.88**

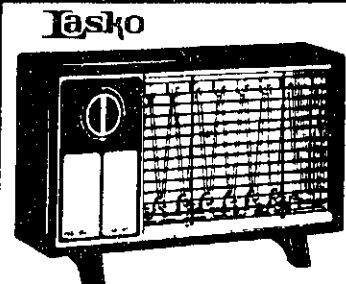
**SALE PRICE**  
Quartz 1500W Heater  
More heat with less energy! Big 5100 BTU output, safety tip-switch. New upright styling, 54"H. 42-48264

- Quartz elements heat longer after shutoff!
- Warms objects and you, not the air!



**21.88**

**SALE PRICE**  
Heavy Duty Heater  
Dual range 1300W to 1500W fan-forced heat. Automatic thermostat and tip-switch. 42-29413



**18.95 SALE PRICE**  
Radiant 800W Electric Heater  
Fast heating ribbon elements, auto-thermostat, 15"L. 42-49785 843  
**20.50**



**38.95 SALE PRICE**  
40-Inch 1500W Baseboard Heater  
Fan circulated heat for quick warmth. Automatic thermostat, efficient ribbon elements. Almond finish cabinet. 42-29585

### HEALTH TIPS

## High blood pressure affects 35 million

You feel dizzy, uptight and have a headache. You have high blood pressure - right? You feel OK, your blood pressure is normal and you've taken your blood pressure pills. You've been cured - right? Wrong to both.

High blood pressure is a major public health problem which affects approximately 35 million Americans. That's one in every six persons. Although treatment is available for the condition, many individuals are not on adequate therapy.

Unfortunately, many misconceptions abound concerning high blood pressure and these misconceptions encourage susceptibility to strokes, heart disease, kidney disease or other disabilities.

Tragic, considering that high blood pressure is treatable and normal, full lives can be lived if the condition is diagnosed and physicians' orders are followed.

Some diseases have obvious symptoms, such as a cough or rash that can be treated. High blood pressure is not like that - it usually has no symptoms. But some people think that they should "feel" something, such as a headache or dizziness.

People often think that high blood pressure is related to being nervous or tense. They are probably confusing hypertension, the medical term for high blood pressure, with nervous tension.

The fact is nervous people as well as calm people can have high blood pressure. The only way to know if someone's blood pressure is up is to measure it. No one can tell for sure by the way he or she feels.

Americans today are putting more effort into achieving good health and living a longer life. They are exercising more, improving their eating habits and giving up smoking. As a result they are feeling better and

chances are they will achieve their health goals. For people with high blood pressure, their way to a normal healthy life is to maintain the daily treatment their doctor prescribes, for the rest of their lives. The treatment usually consists of medication and diet, a slim price to pay for achieving good health.

If you are diagnosed as having high blood pressure, your treatment generally consists of medication and exercise along with limiting diet, smoking and salt intake, which with the exception of medication, are sensible health habits for all.

Some patients make a mistake and choose to stop smoking or lose weight instead of taking their medication. That's a serious mistake. Your doctor has prescribed a complete regimen that must be followed to achieve a desired goal, in your case, good health and a productive life.

## Ministerial group picks officers

The Cass City Area Ministerial Association held its first meeting of the season Sept. 18.

Officers for 1980-81 were elected. Vern Lockard, minister of the Novesta Church of Christ, was elected president; Jerry Deatherage, Cass City Nazarene church, secretary, and Eldred Kelley, Salem United Methodist church, treasurer.

The association established goals for the coming year geared to give practical help and ideas in the areas of counseling for every minister.

Projected subjects to be dealt with in the coming months at its meetings are: counseling the family; counseling and working with teens involved with alcohol; dealing with pornography in the community; dealing with the occult; influence and message rock music has on the mind, and time management for the Christian minister.

The association also will be working on an area-wide seminar for the family and will be inviting one of the leading family counselors of the country to share with the Cass City community.

Ministers will meet bi-monthly, with their next meeting Nov. 13 at 10 a.m. at the home of Robert Taylor, minister of the Cass City Missionary church.

All Cass City, Deford, Kingston, and Gageton area ministers are invited to share in the meetings and help in putting forth a spiritual influence in their communities.

## C. Mandich commended student

Cheryl Mandich, a senior at Owendale-Gageton High School, has been commended for her outstanding performance in the 26th annual National Merit Scholarship Program.

She has or will be presented with letters of commendation from her school and National Merit Scholarship Corp. If the commended students request it, they will be referred to admission and financial aid officers at two higher education institutions of their choice as being worthy candidates for admission.

It is hoped that the referral service and Merit program recognition will result in assistance for such commended students as they pursue their educational goals, Principal James Barr said.

## MOONLIGHT MADNESS

### ALL GREEN PLANTS

**25% OFF**

- Hanging Baskets
  - Philodendron
  - Wandering Jew
  - Ferns
  - Cactus
- Small & Large Pots



Stop In For Many More Values Too Numerous To Mention.

### Coming Soon

Cass City Floral's  
**Christmas Corner**

Featuring Christmas Trims and arrangements, wood workings, Christmas Linens

## CASS CITY FLORAL

6450 Main

Phone 872-3675

## MOONLIGHT MADNESS

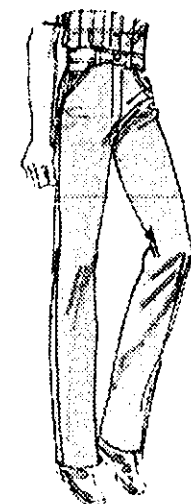
Thursday — 7-10 p.m. Only

Plastic Coated  
**Table Cloth**  
WASHABLE

Sizes: 54x54, 54x70, 54x90, 54-Round

**\$1.00**

24 only in stock



Men's Fashion  
**Jeans**

Values to \$17.00

**\$9.99**

pr.  
Waist Sizes 29-34  
32-36 Length  
17 pairs only

Children's 2-pc.  
**Jogging Suits**  
Sizes 4-7

**\$5.77**

23 Suits Only

Terry Cloth  
**Dish Towels**

**2 \$1**

for

Printed  
**Pillow Cases**

**\$2.77**

pr.

CANNON ROYAL FAMILY

## Bath Towels

First quality. Plain colors.

BATH TOWEL ..... **\$3.97**

HAND TOWEL ..... **2.97**

WASH CLOTH ..... **97¢**

While 2 doz. bath towels, 1 doz. hand towels, 2 doz. wash cloths last.



Men's  
**JOGGING OXFORDS**

**\$6.88**

pr.  
Only 22 pairs  
Sizes 6½ - 12.

Nylon & leather uppers. Racing stripes. Padded collar. Molded kraton soles.

Men's 8-inch  
**Work Shoes**

Leather uppers, oil resistant soles. Made in U.S.A. Sizes 7-12.

**\$14.97**

Only 15 pairs

## FEDERATED

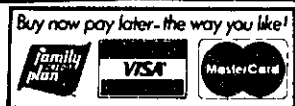
Cass City

### TOYLAND NOW OPEN

**10% OFF**

On All Cash Purchases of TOYS

Thurs., Oct. 2 7 p.m.-10 p.m. Only  
No Layaways on offer



**Gambles**

6497 Main Street,

Cass City

Phone 872-3515

HURRY IN OCT. 2 FROM 7:00 to 10:00

## FOR 3 HOURS ONLY!

You Can Buy These Items At Special Prices

**Kitchen Aid Dishwasher**

Model KDD67 White

**\$269.95**

Reg. \$359.95

**Sofa Bed Queen Size**

Contemporary, Loose Cushions

**\$299.95**

Reg. \$689.95

**Quasar 19" Color TV**

Model WT5964SW

**\$389.95**

Reg. \$479.95

**Swivel Rocker Chairs**

Many styles and fabrics to choose from

**\$159.95**

Reg. \$229.95

**Scott Integrated Stereo Amplifier**

55 Watt Min. Per Channel

**\$229.95**

Reg. \$349.95

MANY MORE SPECIALS DURING SALE

**RICHARD'S**

FURNITURE — TV — APPLIANCE

Sales with Service

Cass City

Phone 872-2930

Gigantic Savings!