

George Quack dies at 76 after illness

George H. Quack, 76, of Argyle township died last Wednesday at Huron Memorial Hospital, Bad Axe, following an illness of several weeks.

He was born March 29, 1904 in Dafer, Mich., the son of Paul and Carolina Quack. Quack and Mearl White were married in 1930 at Sault Ste. Marie. She preceded him in death in 1944.

He then married Milodean Tarry Hamilton in 1946 in Taylor. She preceded him in death Jan. 1, 1971.

Quack and Doris Darr Krumenacker were married Oct. 7, 1972 at Ubyly.

He was employed for 37 years at the R.M. Paint Manufacturing Corp. in Detroit before retiring in 1965. He moved to Ubyly in 1964 and to Argyle township in 1972.

Quack served for over 25 years as a volunteer worker for the Salvation Army in the Detroit area.

Surviving are his wife; one son, Murray Quack, Detroit; three step-daughters, Mrs. Leonard (Margaret) Lautner, Ubyly, Mrs. George (June) Lapp, Cass City, and Mrs. Robert (Shirley) Hund, Warren; one step-son, Carl Krumenacker, Ubyly; 15 grandchildren; two great-grandchildren; four sisters, Mrs. Louise Murch, Westland, Mrs. Harold (Christina) Waechter, Taylor, Mrs. Helena Robinson, Homer, Ill., and Mrs. Beatrice Wandler, Sault Ste. Marie, and one brother, Arthur Quack, Lansing.

A son, George "Bud" Quack, died in 1958.

Services were held at 11 a.m. Saturday at the Ubyly United Methodist church, Rev. Emerson Arntz officiating.

Burial was in Valley cemetery, near Ubyly.

Arrangements were by Zinger Funeral Home, Ubyly.

HEALTH TIPS

Peptic ulcer major poor health cause

Frank Chappell Science News Editor AMA

Peptic ulcer is one of the important causes of poor health in man. It occurs frequently, hangs on for years and brings complications.

Peptic ulcer results from the inability of small areas of the digestive tract to withstand the digestive juice secreted by the stomach.

Ulcers occur 10 times more often in the duodenum (the first 8-10 inches of the small intestine) than in the stomach, and occasionally they occur in the lower portion of the esophagus, or gullet.

Each year more than three million people develop ulcers, says a pamphlet from the American Medical Association. More than 15 percent of the population will have ulcers at some time in their lives. Deaths from ulcers and their complications exceed 12,000 each year.

How can you tell when you might have an ulcer? The No. 1 sign is pain. Other symptoms include nausea, heartburn, gaseousness and feeling of fullness and

Reunion held Sunday in Lansing

The annual Hendrick-Downing families reunion was held Sunday at Potter's Park in Lansing.

Officers elected for the coming year were: president, Mrs. Ivan Tracy, Cass City; vice-president, Elnora Sonnenberg, Lansing, and secretary-treasurer, Mrs. Ron Fox, Lapeer.

Eldest member present was Theo Hendrick, who will be 88 Sept. 3, and the youngest was two-year-old Lynne Walsh of Lapeer.

Attending from the Cass City area were Theo Hendrick, Mr. and Mrs. Ivan Tracy and Mr. and Mrs. Don Whittenburg. Accompanying them were Beth Walsh and daughter Lynne and Mrs. Ron Fox and daughter Abby of Lapeer.

The 1981 reunion will be in the Flint area.

weakness. Pain usually is worse when the stomach is empty and subsides when food or an antacid is taken. Alcohol, coffee and nervous tension make things worse.

The physician's first objective in treatment is to heal the ulcer. This requires neutralizing of the acid by frequent feedings, suitable antacids and control of emotional stress. The ulcer patient can learn to change his life pattern, eliminate from the diet food and drink that inflame the stomach and duodenum.

In some cases of persistent ulcers that fail to heal and continue to hurt, surgery may be recommended. Peptic ulcer is a very individual disease, and treatment must also be individualized.

It's nice to know that the immediate results of comprehensive medical treatment for peptic ulcer are excellent. Unfortunately, the long-term results are less encouraging since recurrence is common with any treatment that does not abolish secretion of acid.

The probability of good results from treatment is enhanced when the patient makes an effort to understand his disease and closely follows the treatment regimen and living patterns prescribed by his physician.

Expectant parent classes set

An expectant parent class will start Wednesday, Sept. 3, at 7 p.m. at Hills and Dales General Hospital.

There will be a series of seven classes given weekly in the basement Meeting Room A.

The following topics will be discussed:

Male and female anatomy -- fetal growth and development.

Body changes in the expectant mother.

Nutrition and breast feeding.

Labor and delivery -- breathing and relaxation exercises.

Tour through the maternity department.

New infant and mother.

Infant care -- family planning and contraception.

Couples are recommended. If a husband is not available, expectant mothers may bring a relative or friend who can give support and encouragement at home and during labor.

The classes will be presented with lectures, demonstrations, informal discussion and a variety of visual aides and film strips.

There will be a fee of \$20 per couple, made payable to Hills and Dales General Hospital, and should be brought to the first class.

A doctor's permission must be given for anyone to take these classes. The forms will be available in the doctor's office or from the hospital and must be brought to the first class.

Everyone must register prior to the start of the classes. For further information, contact Faith Fabner, R.N., at Hills and Dales, telephone 872-2121.

AARP sees Dorman Sisters

The regular monthly meeting of the American Association of Retired Persons was held at the Good Shepherd Lutheran

fellowship hall Aug. 14, with 39 members and eight guests attending.

Blake Sackett gave the invocation. Marion McClorey led the group in the Pledge of Allegiance.

Blood pressure readings were taken by volunteer nurses Lucile Stein and Patricia Gee. Floy Hampshire of the Commission on Aging was in charge of the project.

A musical program was presented by the Dorman Sisters, Yvonne Smith, Karen Sawdon and Janice Mika, with Janet Severance at the piano.

The annual senior citizens ball will be at the Ubyly Heights Country Club Thursday, Oct. 9, at 6 p.m. Tickets are available from President Charles Beckett.

The Sept. 11 meeting will be held at the fellowship hall. Mary Krizman, Rose Worstell and Margaret and Charles Beckett will be in charge of arrangements.

Reagan-Hughes group to meet in Sanilac

An organizational meeting of Sanilac Citizens for Reagan-Hughes will take place Thursday, Sept. 4, at 8 p.m. in the new office building behind the board of commissioners' office in Sandusky.

For more information, contact Steve Kovac in Lexington.

Bank on the future—but don't write checks against it.

NOVESTA TOWNSHIP

Regular

Board Meeting

Will Be

Monday, Sept. 8

8 p.m.

at Novesta Twp. Hall due to Labor Day holiday

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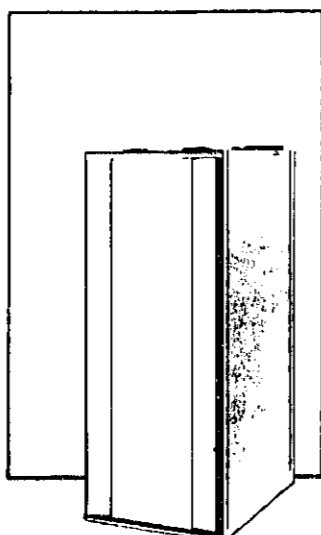
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Monday, Sept. 1

For The

Labor Day Holiday

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