CASS CITY, MICHIGAN

to MTU Don't ignore heart dean's list attack warning signs

HEALTH TIPS

Janet was in her office, into her third hour on a difficult report, when she got the first twinges of pain in her chest.

It more or less went away when she sat up, so she didn't think any more about it-until she was driving home that night.

This time the pain was more severe--like being stabbed in the chest, she thought. It seemed to go right through her back, and her hands on the steering wheel went numb. She began to perspire.

"My God, am I having a heart attack?" she thought. The pain got worse. Thoughts of her husband Ron and her teenage sons flashed into her mind. "If I don't make it how will they cope?

At the nearest pay phone, she called her doctor. "I'll meet you at the hospital. You're less than a mile away. Stay calm and I'll see you in ten minutes."

An EKG and several tests later, Janet's doctor reassured her that she was not having a heart attack. "I'm really glad you called right away, though, Janet. You did the right thing," the doctor said. He sighed. "I only wish everybody would

Mrs. Schott - manager of **Petrolane**

Petrolane Inc. has announced the promotion of Belva Schott to resident manager for the Gagetown district of the company's LP-Gas division.

Mrs. Schott will continue - to be located at the office at 6608 Lincoln Street. She is a resident of Cass City and has been a Petrolane employee since 1973. Petrolane has its head-

quarters in Long Beach, Čalif.

EVEN BREAK

People who do as they

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do what you did. A lot of quarter. people who aren't with us any more might be if they had sought help.' 'Janet's doctor makes an age, or straight-A's.

"Janet's doctor makes an excellent point," said Dr. Greckowicz is a sopho-George Ritter, cardiologist, more studying electro-merident of the mechanical engineering Michigan Heart Association. "You know, 350,000 people a year die of heart attack

before they reach a hospital--because the average Prich of Owendale, who is a person--unlike Janet-doesn't want to believe the engineering. possibility he or she is having a heart attack. 'That Dean's List a student must can't happen to me,' they have a grade point average think. So they waste prec- of 3.5 or higher.

ious time. "The average heart attack victim waits three hours Soybean, corn before he seeks help. That's just incredible to me. If you stocks at have any kind of chest pain at all, suspect a heart attack. 'Better safe than record high sorry' is the rule here. Many other things, like indigestion and so on, can mimic heart in Michigan were at record June 1 levels, according to attack--and vice versa. I've seen patients who've had the Michigan Agricultural episodes of pain off and on Reporting Service.

for weeks without telling anyone--then when it gets so bad they can't ignore it any more they come in. "If you do have chest pain, don't panic. Panic, after all,

is generally unproductive. Just do whatever is necessary to get immediate medical help.

At about 3.7 million bushels, Know the warning signs of oats stocks were down 41 heart attack: percent from last June. --An uncomfortable pressure, fullness, squeezing or bushels was down 38 percent.

pain in the center of the chest, lasting two minutes or more. --Pain may spread to

shoulders, neck or arms. and oats levels were less --Severe pain, dizziness, than what they were a year fainting, sweating, nausea ago. Soybean stocks totaled or shortness of breath may 21.1 million metric tons, up also occur. Sharp, stabbing 47 percent, Corn totaled almost 3.6 billion bushels, up twinges of pain (such as Janet's) are usually not 11 percent. signals of heart attack.

Down 17 percent were oats "If you're having any of stocks at 239 million bushels. these symptoms, call the Wheat was down 3 percent to emergency medical 901 million bushels. service (ambulance) immediately, or if you can get

Canning clinics

time by keeping the EMS number by your phone -scheduled both at home and at work -and knowing the closest

Down Memory Lane

FROM THE FILES OF THE CHRONICLE

Dean's List for the spring FIVE YEARS AGO

Two named

Two Michigan Technological University students from this area have been

named to the school's

Corn and soybean stocks

Corn stocks at over 86

percent from a year ago.

The almost 10.4 million

bushels of soybeans stored

were more than double the

Oats and wheat stocks

were down from a year ago.

previous June's level.

average.

Gerald J. Greckowicz of About 30 relatives and Ubly was named to the list friends gathered at the home with a 4.0 grade point averof Mr. and Mrs. Fred Knoblet to help celebrate their 30th wedding anniversary. Mrs. Archie Dorman, of Snover, arranged the affair. technology and one of 215 A career that has spanned students to achieve a perfect nearly four decades ended this week when George Fish-Also named was Brian A. er, Cass City, retired as manager of the Frutchey Bean elevator in Greenleaf junior studying electrical township. In order to be named to the

According to a report re-leased last week by the state Department of Natural Resources, the water quality of the Cass River between Cass City and Caro was rated medium to good.

Cass City placed one man, Jerry Toner, on the squad of the Thumb B all-conference baseball team. He led the league in hitting with a .514 average while playing a tough defense.

TEN YEARS AGO

County supervisors, highway officials and police million bushels, were up 35 officers from 11 county communities met to hear the results of a study of traffic accidents in Tuscola county in 1969 and to pledge themselves to an all-out battle to reduce the number of accidents and fatalities in 1970. Approximately 400 persons attending the drug

City High School were made aware that Cass City does have a drug problem, but as yet it is relatively light. A benefit drawing for Betty Jo Agar to help cover the cost of hospital and surgical care netted over \$1,000, sponsors reported. The Cass City Village Council has voted to place a nightly curfew in the Cass City Recreational Park in an attempt to curb vandalism.

TWENTY-FIVE YEARS AGO

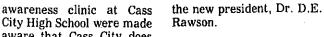
The 40th wedding anniversary of Mr. and Mrs. T.C. Hendrick was celebrated when members of the family met at their farm home. À barbecue dinner, topped off with a four-layer cake made by Mrs. Mark O'Dell and ice cream was served.

Steve Orto was in St. Joseph this week attending a meeting of law enforcement officers. Pvt. Ronald Heckman of

Fort Sill, Okla., spent three days with his parents, Mr. and Mrs. Melvin Heckman. Work on the addition to the

Cass City sewage disposal plant is continuing and should be completed in January, 1956.

Outgoing Rotary Club President Fritz Neitzel handed the gavel over to



THIRTY-FIVE YEARS AGO

In partnership with mil-lionaires Don Topping and Del Welb, Larry MacPhail, who was born in Cass City in 1890, bought the New York Yankees last winter for \$2,850,000.

Charles Pratt and Frank Alward, both of Kingston, have purchased the Doerr restaurant. In Deford, the Sherwood Beauty Parlor and residence have been sold to Mr. and Mrs. James Mayers of Jackson.

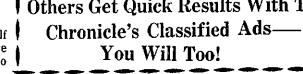
William Brinker, who is the owner of retail lumber yards at Bad Axe, Kinde and Port Hope, is completing arrangements for the establishment of a retail lumber business in Cass City.

A testimonial plaque and a substantial sum of money were presented to Cameron Wallace, cashier of the Cass City State Bank, by the directors and officers of the bank on his birthday, for 25 years of faithful service.

SELF-ANALYSIS

Making a fool of yourself isn't a bad mistake if you've sense enough to know who did it.





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Professional and Business

DIRECTORY

The Cooperative Extension Service is sponsoring food preservations two clinics in Caro and San-

> dusky "Pickling problems" will be conducted from 1:30-3:30 p.m. July 14 at the extension office in Sandusky; July 15 at the extension office in Caro. The clinic will focus on the soft pickle and basic instructions in canning

> pickles. "Pressure canning knowhow and sugar free canning" takes place from 1:30-3:30 p.m. July 17 in Caro and the following day in Sandusky. The emphasis will be on correct procedures in pressure canning and sugarfree canning. Up to date U.S. Depart-

ment of Agriculture canning bulletins will be available at the clinics, at the end of which pressure canners will be tested.

The clinics are free, however, reservations must be Complete Insurance Services made at the extension office beforehand.

Extension Saib A. Isterabadi, M.D., FRCS 4674 Hill Street fall tour to Cass City, Michigan 48726 Pennsylvania Surgeon, General & Thoracic

> The Michigan Association of Extension Homemakers Area 14 is sponsoring a six days and five nights tour, Sept. 29-Oct. 4, to Pennsylvania. The tour includes Hershey

Chocolate and a ride through downtown Hershey, Lancaster county Amish country, working farm, farm market kitchen kettle, pretzel factory, Philadelphia, International Park, including Independence Hall, Liberty Bell, Betsy Ross house, and one meal in Amish county. Tour cost per person (two persons per room), \$219.

Tour reservations are made through Marguerite Wischman, 2270 Applegate Road, Marlette 48453. For further information, contact the Cooperative Extension office in Caro, 673-3161.

> It seems to be the rule of life that you receive many more complaints than compliments.

6094 E. Cass City Road