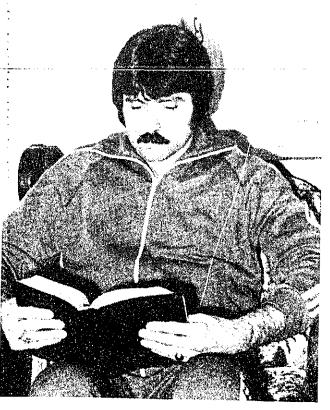
Recovers from accident

Les Nicholas says Lord gave him new life

Les Nicholas is leading a new life and he owes it to the

Without the Lord's help, he might not even have a life, for Les Nicholas came

very close to dying. It was in the early morning hours of Dec. 24, 1978, that his car went off M-B1, about a mile west of Cass City, and rolled over several



GREAT BOOK--When Les Nicholas finds a quiet moment in his busy schedule, he often spends it reading the Bible.

200 feet through the air. Nicholas was thrown out and his body was found about 30 feet from where the car came to rest. He was on his way home from a Christmas party in Caro when the accident happened. He still

> Nicholas was in the intensive care unit at St. Mary's Hospital, Bay City, for a while, in critical condition. His mother, Martha, told him later that it wasn't known for some days if he would live, and if he did, whether he would return to health or he would be a

and has no recollection of

the moments immediately

The divorced father of two was able to return to his Sherman Street home for further recuperation in mid-January, though he said it was still a while before he was totally aware of what was going on.

His younger brother, Dan. Club," sort of a religious lived with him for a while to cook meals and drive him around until he could make (Carson). t on his own. His mother didhis laundry.

He also got lots of flowers - who needed heip. Nicholas and cards from the many people he knew, especially in Caro, where he was the delivery driver for United Parcel Service.

March, although the com- ed with a church. pany wouldn't let him get

times as it traveled about behind the wheel of a truck until May. He is now back at his Caro route.

EVEN THOUGH HE was back to work, his life wasn't right, and he knew it. He was still having health problems resulting from the accident and he had no has no idea what caused it ambition

That wasn't like Les Nicholas, who had always been extremely active and physical-fitness minded. Playing softball, baseball and basketball and hunting and fishing had been among his many activities.

"I just didn't have the drive, the fire," he explained. "I just wanted to stay home." And outside of going to work, that was about all he did.

He knew something was wrong, but he wasn't sure what. Then while watching television early last September, he found part of the The program he was watching was "The 700

version of the Johnny Carson show (minus Johnny A telephone number was breadcast for persons to call

-called. He and the woman who answered prayed together over the telephone. She told him to trust the Lord and He went back to work in - urged him to become involv-

TOOK HIM TWO

months to take the next step. Some friends belonged to

the Deford Community Church and suggested he go. It was on Nov. 4 that he went and "got saved ... and ever since then, changed my life

around.' What happened at the church?

The church, he explained, is "so full of life, it's like into another walking world.

He gave high praise to the members-"a great bunch of people" -- and to the minister, Rev. Gerald Rodgers, and his assistant, Lewis

Tibbits, for giving him guid-

He made his decision that day, was baptized Dec. 23 and since then has become a member of the church. HOW HAS HIS LIFE

changed since then? Before, going to church (a different one) was an on and off thing, out of an obligation that "I had to go."

Now, "It's in my heart. Now I know it." Nicholas attends church faithfully each Wednesday and Sunday evening and Sunday morning. He is hoping he will be able to go with a church group for two weeks in February to build a building for use by mission-

His health has improved. Pressure on his brain used to be common but now he seldom feels it. His vision has also improved. "It just means wonders to me to have my health back. By the

grace of God, I got it back." Nicholas is again active -very active. In addition to his church activities and work, he plays on three basketball teams. One is a team from his church; the others are from Caro and

Although he usually now wears a cross hanging from his neck most of the time -"It means a lot to me." - he doesn't wear his religion on

his sleeve. If people ask him for help, he explained, he is more than willing to give it, but he doesn't try to push his. beliefs on others. If people ask, "I just try to tell them what the Lord has done for

Nicholas sums up his new outlook on life very simply. "I'm more at peace at heart

Kitchen is high accident risk area in home

Safety should begin at home, judging from a National Safety Council statistic that one-third of the persons injured each year in the U.S. are either in the home or on the home

High risk area With greater precautionary measures, this fig-

ure could be reduced-especially in particular areas of the home like the kitchen, where accident risk is high.

The Gillette Company, makers of smoke detectors and fire extinguishers designed to keep every room in the home safe from the threat of fire, has a particular concern for kitchen safety.

Because over 65 per cent of home fires start in the kitchen, special care should be taken in this room where there is a concentration of electrical appliances.

Hub of activity

To keep the room that is usually the "hub of activity" safe from fire and other hazards, Gillette recommends these kitchen DOs and DON'Ts.

ets by plugging too many power-hungry appliances into one outlet. And remember to install outlets high enough above the counter so that water can't get into them.

• DON'T overload sock-

 DO hang a knife rack in a convenient spot out of children's reach to avoid injury to curious little amount of electricity con-

• DO install a fire extinguisher stall one over the stove, year.

where a surface fire could -by the sink-for easy acprevent you from reaching cess to wipe up dripping the safety unit.

• DO keep floor space clean and free from hazardous toys or other objects that might literally "trip you up."

• DON'T use an electric mixer or another small appliance next to a kitchen sink filled with water, where it might slip in and you would be apt to reach

• DO check plugs and cords often for signs of • DO have a towel rack

kitchen for easy reach. • DON'T wait until af-

if necessary.

ter accidents happen to tell children the rules on placed where it should be kitchen safety.

slippery puddles on the

hot pads carelessly over an

electric range where they

might start a fire on a

burner that has been

turned off but is still hot:

Place a hook to hang hot

pads close to the range so

one can be grabbed quickly

DO keep a small first-

aid kit in a drawer in the

• DON'T toss flammable

Seek out energy savers

Homeowners planning to renovate their kitchens will find some surprising innovations in appliances, especially power-saving features and improved in-

One energy-saving refrigerator uses about a third less electricity than refrigerators also preserve other models not equipped food longer during power with its special thermosta-

While it is true that the each operating hour is a modest amount, it's also true that it is operated

Even though frost-free refrigerators do use more kilowatts of energy annually than non-frost-free models, they avoid the extra energy drain resulting from frost accumula-

Today's power-saving failures, which become each year.

Naturally, there's a sumed by a refrigerator higher price tag on these models, but operating savings in the long run more than repay the initial puron a wall next to the stove twenty-four hours around the clock for 365 days a the National Home Improvement Council.

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