

# Gagetown Area News

Miss Rosalia Mall  
Phone 665-2562

Mr. and Mrs. Lynn Devore and Chris of Normal, Ill., came Thursday to spend until Sunday with her parents, Mr. and Mrs. William C. Hunter. They flew to Tri-City airport from Chicago.

Mr. and Mrs. Clarence Diebel and Calvin and Mr. and Mrs. Martin Blondel of Owendale were Christmas dinner guests of Mr. and Mrs. Robert Diebel of Sebawing.

Mr. and Mrs. William C. Hunter, Paul and Debbie and Mr. and Mrs. Lynn Devore and Chris went to Clare Christmas Day, where they met John Hunter of Traverse City and had dinner together.

Mr. and Mrs. Floyd Werde-man went to Rochester Thurs-

day for Christmas dinner Friday and came home Saturday. They had dinner Christmas Day with their daughter, Mr. and Mrs. Dennis Grylicki.

Mr. and Mrs. Vincent Wald, George and Miss Mary Wald went to Saginaw Thursday and were Christmas dinner guests of Mr. and Mrs. William Merz.

Mr. and Mrs. Richard Burdon spent Christmas in Midland with their son, Mr. and Mrs. Tim Burdon, Lisa and Rickey.

Mr. and Mrs. Harlan Hobart had for Christmas, Mr. and Mrs. John Ellis, Michael and Andrew and the Ben Hobart family, Saturday, Mr. and Mrs. William Bogard, Tracy and Philip came to spend until Mon-

day with her parents, the Hobarts.

Mr. and Mrs. Joseph Salcido entertained for Christmas dinner, Mr. and Mrs. John Salcido of Romeo, Mr. and Mrs. Barry Kuhl and family of Unionville, Mr. and Mrs. David Peters, Trini and David of Owendale and Mr. and Mrs. Joseph Salcido and Susan of Gagetown.

Mr. and Mrs. Harry Kehoe spent Christmas in Farmington with her sister, Mr. and Mrs. William Prieur. Sunday at a belated Christmas dinner, Mr. and Mrs. Kehoe will have as dinner guests, Mr. and Mrs. Steve Kehoe and Brian of West Lake, Ohio, who spent the week end with his parents, Mr. and Mrs. Harold LaFave and family and Mr. and Mrs. Wendell Birch and family of Bay City, Mr. and Mrs. Jack Beith and Michael of Union Lake and Mr. and Mrs. William Prieur of Farmington.

Mr. and Mrs. Francis Goslin had as Christmas dinner guests, her mother, Mrs. Gordon Fink-bener of Owendale, Mr. and Mrs. Everett Finkbeiner and family of Detroit, Mrs. Forest Agar and Carrie of Owendale, Mr. and Mrs. Jerry McBride and family of Roseville and Mr. and Mrs. Lance Agar and family of Utica. Callers during the day were Betty, Cathy and Dick Woodcox of Detroit, Mr. and Mrs. Wallace Conners of Detroit, Jerry and Arthur Carolan.

Misses Mary and Nellie O'Rourke went to Detroit Saturday to spend Sunday and the first of the week with their sister, Mr. and Mrs. Paul A. Hunter.

Mrs. Eva Moore spent Christmas with her son, Mr. and Mrs. Martin Moore of Bad Axe. Her daughter, Mr. and Mrs. Glenn Bisett, also were dinner guests.

Rev. Fr. Olin Murdick, superintendent of schools of Diocese of Saginaw, was here during the week end to say mass in St. Agatha church. This week end, Rev. Fr. Charles Howley, vocational director of the diocese, will be here during the absence of Rev. Fr. Donald Christensen.

Mr. and Mrs. Duane Hurd had as Christmas dinner guests, her parents and brother, Mr. and Mrs. Roy Jaus and Mark, Mr. and Mrs. Harold Uhlmans and Dottie, Mr. and Mrs. Jerry Coons, Linda and Kevin of Bay City and Mr. and Mrs. Earl Hurd. Supper guests were Mr. and Mrs. Laurence Roedel and family of Pigeon and Mr. and Mrs. Leslie Hurd and Sharada.

Mr. and Mrs. Frank Lenhard entertained at a belated Christmas Sunday, Mr. and Mrs. Carl Lenhard of Saginaw, Mr. and Mrs. Robert Cartwright and family of Unionville, Mr. and Mrs. Lynn Abke and family of Bad Axe, Mr. and Mrs. George Ostling and Tony, Mr. and Mrs. William Lenhard and family, Mr. and Mrs. Tim Lenhard and Diane and Tom Lenhard and girl friend. Christmas Eve guests were Mr. and Mrs. Darrell Hornbacker and Mr. and Mrs. Stanley Wood. Saturday afternoon visitors were Mrs. Joyce Wood of Flint and Mrs. Clifford Wood of Fairgrove.

Mr. and Mrs. Arthur Carolan had as Christmas dinner guests, Mr. and Mrs. J. Conners and family and Mr. and Mrs. Robert Day, all of Detroit, and Mr. and Mrs. Gary Carolan and family of Lapeer.

Christmas dinner guests of Mr. and Mrs. Jerome Roche-leau were Mr. and Mrs. William Martus, Carrie, Craig and Curt of Hagerstown, Ind., who spent until Monday here, Mr. and Mrs. George LaRoche and family and Miss Diane Roche-leau and friend of Bay City, Mr. and Mrs. E. J. Powell and family of Kingston and Mr. and Mrs. Paul Rocheleau and Rae Lynn.

Mr. and Mrs. Roy Wildman and Kimberly had Christmas dinner with her parents, Mr. and Mrs. Blanford Campbell of Fairgrove, and visited Mrs. Fred Witzke.

Miss Rose Mary Hall of Detroit spent the past week with her aunt, Mrs. Julius Goslin.

Mrs. Mose Karr had as dinner guests, Mr. and Mrs. Harold Clague of Ann Arbor. They came Thursday and went home Sunday. Mr. and Mrs. Leonard Karr, Dale, Kurt and Arnold were Sunday guests. They attended an open house at Sutton church for Mr. and Mrs. Earnest Beardsley, who celebrated their 50th wedding anniversary.

George Russell and Lee went to Washington Christmas Day and had dinner with his sister, Mr. and Mrs. Percy Sharrock.

Mr. and Mrs. Lawrence Sal-gat entertained Saturday at a belated Christmas dinner, Mr. and Mrs. Frank Salgat, Jennie and John of Ann Arbor, who spent from Friday until Tuesday here, Mr. and Mrs. Richard Chepko, Marlene and Paul of Detroit, Mrs. Mabel Jickling of Cass City and Mrs. Mose Karr.

Advertise it in The Chronicle.

## BETTER HEALTH

### How to treat an ulcer

BY DR. WALTER C. ALVAREZ



One method of treating duodenal ulcers (ulceration of the duodenum, the first 12 inches of bowel coming out from the stomach) that has been tried in the past, and is still too often done today, is the cutting of the two vagus nerves (two very long nerves that run from the brain to the lower part of the bowel). The theory behind doing this was probably that since a duodenal ulcer is nearly always due to mental strain and unhappiness and worry, if we were to cut the nerves coming from the brain, the bowel would not react with irritation as it normally does to mental upsets. Actually, this theory did not prove to be true.

Back in 1926, when as a gastroenterologist I was much interested in how to cure ulcers of the stomach and bowel, I decided to have my research laboratory at the Mayo Clinic see if cutting the two vagus nerves would be well tolerated. I worked mainly on rabbits and soon found that most of those with the vagi cut died with a severe diarrhea. Hence, I never cared to ask a surgeon to cut these nerves in man. However, when I searched the literature, I found that some surgeons had been cutting the vagus nerves in man from 1907 onward.

Unfortunately, other doctors were not seriously concerned about the disastrous effects on animals, because during these many years, there have continued to be hundreds of operations to cut the vagus nerves in an attempt to cure duodenal ulcers. Occasionally, this operation worked beautifully, but in perhaps more than 25 per cent of the cases, the patient came back later with a new ulcer which was often worse

than the old one. Also, the person was in many cases left with a diarrhea that could not be controlled.

I keep marveling that the operation is still being performed seeing that it cannot be counted on to keep a new ulcer from forming. In my experience with patients with ulcers, I have found that I could give them relief if I could only talk with them and find out what was eating at their heart, or what business problems were causing them much anxiety.

Almost everyone with an ulcer has some psychic problems which at times will appear to be the cause of a flare-up in symptoms. Sometimes the man is a hard-driving fellow who needs to let up on strain and to mend some of his ways. Perhaps the ulcer started when he was meeting heavy competition or taking big losses, and later, recurrences came with unhappiness or worry or resentment. The first patient who taught me this was seen in 1912. He had several hemorrhages about six months apart, every one of which came when an important invention of his gave trouble so that the machinery had to be quickly redesigned.

Many persons with ulcers lose their symptoms the day they shut up the desk at the office and start off for a vacation or a trip to some medical center for a diagnosis. Others lose their pain the minute they enter a hospital. Often I have said to such a patient with a bad ulcer, "Why submit to an operation with all its hazards when you know you can get well simply by cutting down on the strain of work and life? Why have the ulcer cut out or sidetracked, or have the nerves to your bowel cut when you are going to go right back into the sort of life that caused this ulcer and may easily give you a new one?"

The big difficulty usually is that a man cannot go easy on his job. He must either drive hard or quit entirely. Often he gets his ulcer just about the time he has learned a business or acquired a certain skill, and then it is hard to give up and adjust to a smaller income. To my way of thinking, the most important thing many a man with ulcers can be taught to do is to start taking food every hour, as soon as he runs into some great psychic strain or sorrow. It is then that he will be in great danger of an acute flare-up of symptoms with perhaps a perforation or a hemorrhage. Then is when his gastric acidity will greatly increase. The worst danger comes after 10 p. m., when the stomach is empty of food but still full of a highly acidic juice. Then is when the man should be taking milk and antacids every hour. I say to

these patients, "Why wait until you get a bad flare-up of the ulcer? When a life crisis comes, start treatment immediately to combat the gastric conditions that you know will soon be present, and which can easily bring a new ulcer or can greatly deepen an old one." Much of the time a man with an ulcer hardly needs any treatment; he is comfortable, and it may be that his ulcer is healed.

Why then should a vagotomy be performed, especially when in so many cases the person suffers intensely afterward from a very distressing diarrhea? Actually, for long my impression has been that vagotomy has been resorted to largely in desperation, because the several operations for duodenal ulcers have often failed to work a cure.

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Dr. Alvarez gives you more information about the symptoms and treatments of duodenal ulcers in his booklet, "Ulcers of the Stomach and Duodenum," which you may have by simply sending 25 cents and a stamped, self-addressed envelope along with your request for the booklet to Dr. Walter C. Alvarez, Dept. CCC, Box 957, Des Moines, Iowa 50304.

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## BARTNIK'S SERVICE

M-81 and M-53 Cass City

### Sgt. R. Hunter

#### now in England

Sergeant Robert A. Hunter, son of Mr. and Mrs. Jack Hunter of Shay Lake Road, Mayville, is on temporary U. S. Air Force duty at Mildenhall RAF Station, England.

The USAF aircraft equipment repairman is a member of the Tactical Air Command (TAC) Squadron from Forbes AFB, Kan., temporarily providing supply and airlift support for the U. S. Air Forces in Europe. During such rotational duty to maintain a high degree of operational readiness, TAC units resupply U. S. embassies, participate in training exercises with U. S. and NATO forces and fly relief or air evacuation missions if such emergencies arise. Sergeant Hunter and his unit, operating C-130 Hercules transports, are scheduled to return to the United States the latter part of January. The sergeant has completed a tour of duty in Vietnam. He is a 1966 graduate of Kingston Community High School. Mr. and Mrs. Glen Churchill of Cass City are Sgt. Hunter's grandparents.

Carefulness and carelessness on the highways are both habits—you can have your choice.

### LOOKING FOR A GROWTH ORIENTED FUND?

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## PEACE in the New Year

Our most fervent wish is that the New Year be blessed with the spirit of peace for all.

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## WORKING TOGETHER IN THE NEW YEAR

As the forces of endeavor unfold ever greater wonders for the benefit and well being of mankind, let us pledge, each and everyone, to work together united and inspired with spiritual understanding, to make the world a better place to live in. We take this opportunity to express our gratitude for the success we have enjoyed in this fine community.

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